

**ST. DAVID & ST. MARTIN  
PRESBYTERIAN CHURCH**

444 St. Laurent Blvd.  
Ottawa, Ontario K1K 2Z6  
Interim Moderator: Rev. Blair Bertrand  
Moderator Pro Tem: Rev. Meg Patterson

**6 SEPTEMBER 2026**

**11:30 AM EDT**

**6:30 PM EAT**

**[CLICK HERE TO JOIN THE SERVICE ON ZOOM](#)**

Leading Worship: Esther Ekong

Music: Jennifer Channen

ENTRY OF THE BIBLE

CALL TO WORSHIP:

Leader: It is good to give thanks to the Lord, to sing praises to your name, O Most High;

**All: to declare your steadfast love in the morning, and your faithfulness by night.**

Leader: For you, O Lord, have made us glad by your work; at the works of your hands we sing for joy.

**All: God has gathered us from the work and worries of the week, from places of busyness and places of weariness.**

Leader: Here we are reminded that we are held by a grace greater than our striving, and sustained by a love that never lets us go.

**All: Come, let us rest from our labours, receive again the gift of God's grace, and worship the Lord with glad and thankful hearts.  
We come to worship God.**

HYMN: *"What a friend we have in Jesus"*

#746

STATEMENT OF PURPOSE: (UNISON)

**Our purpose is: to seek to know God; to nurture spiritual growth; to love and worship God and to do God's work.**

COMMUNITY ANNOUNCEMENTS *(See slides at the end.)*

PRAYER OF ADORATION AND CONFESSION

ASSURANCE OF PARDON

LESSONS FOR THE YOUNG

PRAISE IN THE AFRICAN WAY

**Jehovah - Nathaniel Bassey from Nigeria**

PRAYER FOR ILLUMINATION

PSALM 149:1-5

Reader: Praise the LORD!

**People: Sing to the LORD a new song, God's praise in the assembly of the faithful.**

Reader: Let Israel be glad in their maker; let the children of Zion rejoice in their ruler.

Let them praise God's name with dancing, making melody to the LORD with tambourine and lyre.

**People: For the LORD takes pleasure in this people; and adorns the humble with victory.**

Reader: Let the faithful exult in glory; let them sing for joy on their couches.

**People: Let the high praises of God be in their throats and two-edged swords in their hands, to execute vengeance on the nations and punishment on the peoples, to bind their rulers with fetters and their nobles with chains of iron, to execute on them the judgement decreed.**

Reader: This is glory for all God's faithful ones.

**People: Praise the LORD!**

EXODUS 16:11-30

The Lord said to Moses, "I have heard the grumbling of the Israelites. Tell them, 'At twilight you will eat meat, and in the morning you will be filled with bread. Then you will know that I am the Lord your God.'"

That evening quail came and covered the camp, and in the morning there was a layer of dew around the camp. When the dew was gone, thin flakes like frost on the ground appeared on the desert floor. When the Israelites saw it, they said to each other, "What is it?" For they did not know what it was.

Moses said to them, "It is the bread the Lord has given you to eat. This is what the Lord has commanded: 'Everyone is to gather as much as they need. Take an omer for each person you have in your tent.'"

The Israelites did as they were told; some gathered much, some little. And when they measured it by the omer, the one who gathered much did not have too much, and the one who gathered little did not have too little. Everyone had gathered just as much as they needed.

Then Moses said to them, "No one is to keep any of it until morning."

However, some of them paid no attention to Moses; they kept part of it until morning, but it was full of maggots and began to smell. So Moses was angry with them.

Each morning everyone gathered as much as they needed, and when the sun grew hot, it melted away. On the sixth day, they gathered twice as much—two omers for each person—and the leaders of the community came and reported this to Moses. He said to

them, “This is what the Lord commanded: ‘Tomorrow is to be a day of sabbath rest, a holy sabbath to the Lord. So bake what you want to bake and boil what you want to boil. Save whatever is left and keep it until morning.’”

So they saved it until morning, as Moses commanded, and it did not stink or get maggots in it. “Eat it today,” Moses said, “because today is a sabbath to the Lord. You will not find any of it on the ground today. Six days you are to gather it, but on the seventh day, the Sabbath, there will not be any.”

Nevertheless, some of the people went out on the seventh day to gather it, but they found none. Then the Lord said to Moses, “How long will you refuse to keep my commands and my instructions? Bear in mind that the Lord has given you the Sabbath; that is why on the sixth day he gives you bread for two days. Everyone is to stay where they are on the seventh day; no one is to go out.” So the people rested on the seventh day.

#### MARK 2:23–28

One Sabbath Jesus was going through the grainfields, and as his disciples walked along, they began to pick some heads of grain. The Pharisees said to him, “Look, why are they doing what is unlawful on the Sabbath?”

He answered, “Have you never read what David did when he and his companions were hungry and in need? In the days of Abiathar the high priest, he entered the house of God and ate the consecrated bread, which is lawful only for priests to eat. And he also gave some to his companions.”

Then he said to them, “The Sabbath was made for man, not man for the Sabbath. So the Son of Man is Lord even of the Sabbath.”

#### MARC 2:23-28

Un jour de sabbat, Jésus traversait des champs de blé. Tout en marchant, ses disciples se mirent à arracher des épis. Les pharisiens lui dirent: «Regarde! Pourquoi font-ils ce qui n'est pas permis pendant le sabbat?» Jésus leur répondit: «N'avez-vous jamais lu ce qu'a fait David, lorsqu'il a été dans le besoin et qu'il a eu faim, lui et ses compagnons? Il est entré dans la maison de Dieu, à l'époque du grand-prêtre Abiathar, a mangé les pains consacrés qu'il n'est permis qu'aux prêtres de manger et en a même donné à ses compagnons!» Puis il leur dit: «Le sabbat a été fait pour l'homme, et non l'homme pour le sabbat, de sorte que le Fils de l'homme est le Seigneur même du sabbat.»

This is the word of the Lord  
**Thanks be to God!**

SERMON: *More than a Day Off*

CALL FOR THE OFFERING

OUR OFFERING

ANTHEM: *"Drifting Too Far From the Shore" by Mission*

DOXOLOGY: ***"Praise God from Whom All Blessings Flow"***

**#830**

PRAYER OVER THE OFFERING

PRAYERS OF THE PEOPLE

LORD'S PRAYER (Unison)

**Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory. Forever. AMEN**

HYMN: **"Glorious things of Thee are spoken"**

**#483**

COMMISSIONING : *"Go Now In Peace"* (Sung)

BENEDICTION

THREE-FOLD AMEN (Sung)

SHARING THE PEACE OF CHRIST

# Bible Study

Bible Study was supposed to start on Septmber 9th but unfortunately cannot be started until further notice.  
Please speak to Sheila Major if you have any questions.



## Celebrating the Blessings of God

*Sun, Sept 13 after service*

*Bring your own Lunch*

Join us after service as we name the strengths and gifts of St. David & St. Martin and celebrate the various ways that God has blessed us. It will be a wonderful time of fellowship and hope as we look to what God is calling us into this fall.



## MCF Kenya Narratives

Narratives about the Mully Childrens Family visit made by the Rev. George Zimmerman in early 2026.

Come and enjoy this presentation by George on **Saturday September 19<sup>th</sup>** between 2.30pm and 4.30 pm at the **Church.**

Contributions of food, tea and coffee very welcome